

phentermine usage and information

Generic Name: [phentermine](#)

Brand Names: Fastin, Adipex-P, Ionamin.

Most important information that you should know about phentermine

- Phentermine may cause dizziness, blurred vision, or restlessness, so use caution when operating machinery, driving, or performing other hazardous activities. [Phentermine](#) may hide the symptoms of extreme tiredness. If you experience aforementioned effects, avoid hazardous activities.
- Phentermine may form a habit. You can become psychologically or physically dependent on it, and withdrawal effects may occur after several weeks of phentermine continuous use if you stop taking it suddenly. Consult to your doctor about stopping phentermine usage gradually.
- Do not crush, chew or open any phentermine capsules or tablets. Swallow them whole.

What is phentermine

- Phentermine is a sympathomimetic amine, similar to an amphetamine. Phentermine stimulates the central nervous system, which increases your blood pressure and heart rate and decreases your appetite.
- Phentermine is used as a temporary supplement to diet and exercise plans in the treatment of obesity.

When should you not to take phentermine

- You shouldn't take phentermine if you have arteriosclerosis, glaucoma, heart disease or high blood pressure, if you have taken a monoamine oxidase inhibitor (MAOI) such as tranylcypromine (Parnate), isocarboxazid (Marplan), or phenelzine (Nardil) during the last 14 days. You also shouldn't use phentermine if you have a history of alcohol or drug abuse
- Before taking phentermine, tell your doctor if you have an anxiety disorders, problems with your thyroid, epilepsy or another seizure disorders or diabetes

- You may not be able to take phentermine, or you may require a lower dose or special monitoring during treatment if you have any of the conditions listed above. - It is not known whether phentermine will harm an unborn baby. Do not take phentermine without first talking to your doctor if you are

pregnant. - It is not known whether phentermine passes into breast milk. Do not take phentermine without first talking to your doctor if you are breast-feeding a baby.

How to take phentermine

- Use phentermine exactly as directed by your doctor. If you do not understand these directions, ask your pharmacist, nurse, or doctor to explain them to you.
- Phentermine is usually taken once or twice a day before a meal on an empty stomach.
- Take each dose with a full glass of water.
- Do not crush, chew or open any "once-daily" phentermine tablets or capsules. Swallow them whole.
- Do not take phentermine in the evening because it may cause insomnia.
- Store phentermine at room temperature away from moisture and heat.
- Too much phentermine could be very dangerous to your health. Never take more of this medication than is prescribed for you.

Missed dose:

- Take the missed dose as soon as you remember. However, if it is almost time for your next dose or if it is already evening, skip the missed dose and take only your next regularly scheduled dose. A dose taken too late in the day will cause insomnia. Do not take a double dose of this medication.

Phentermine overdose

- Seek for medical attention.
- Symptoms of a phentermine overdose include tremor, restlessness, confusion, rapid breathing, panic, hallucinations, nausea, aggressiveness, vomiting, diarrhea, an irregular heartbeat, and seizures.

Phentermine precautions

A dose of phentermine taken too late in the day can cause insomnia. Do not take phentermine late in the day.

Possible side effects of phentermine

- stop taking phentermine whether you experience any of the following side effects: an allergic reaction an irregular heartbeat or very high blood pressure (severe headache, blurred vision); or abnormal behavior, hallucinations, or confusion.

- Other, less serious side effects may also occur. Continue to take phentermine and talk to your doctor if you experience restlessness or tremor, nervousness or anxiety, headache or dizziness, insomnia, dry mouth or an unpleasant taste in your mouth, diarrhea or constipation, or impotence or changes in your sex drive.
- Phentermine is habit forming. You can become physically and psychologically dependent on this medication, and withdrawal effects may occur if you stop taking it suddenly after several weeks of continuous use. Talk to your doctor about stopping this medication gradually.
- Side effects other than those listed here may also occur. Talk to your doctor about any side effect that seems unusual or that is especially bothersome.

Drugs interactions

- Inform your doctor about all the medicines you use, (prescription and nonprescription) especially if you take high blood pressure medicine or MAO inhibitors (e.g., furazolidone, selegiline, tranylcypromine, phenelzine) or any other weight loss medication.

You can see information about following drugs (Adipex, Didrex, Tenuate, Meridia, Xenical, Bontril, Ionamin) here:

[Adipex](#)

[Didrex](#)

[Tenuate](#)

[Meridia](#)

[Xenical](#)

[Bontril](#)

[Ionamin](#)